

# ADVANCED PENETRATION TESTING

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*Decoding Threats, Coding Solutions*



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# INTRODUCTION

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## Overview

There are good penetration testers and then there are great penetration testers.

Unless you are bent on being nothing other than the best in penetration testing, don't bother registering for this program, as you are probably not cut out for it.

You will be required to make knowledgeable decisions under immense pressure at critical stages while selecting your approach and exploits.

As you progress along these levels, you will need to maneuver web application, network, and host penetration testing tools and tricks in an internal and external context to ultimately pawn the hosts and exfiltrate data required for the completion of the challenges.

This course is designed for security professionals who want to take a serious and meaningful step into the world of professional penetration testing. This includes – pentesters seeking an industry-leading certification, security professionals, network administrators and other technology professionals.

## Objective

- Using Information gathering techniques to identify and enumerate targets running various operating systems and services
- Writing basic scripts and tools to aid in the penetration testing process
- Analyzing, correcting, modifying, cross-compiling and porting public exploit code
- Conducting both remote and client-side attacks
- Identifying and exploiting XSS, SQL injection and file inclusion vulnerabilities in web applications
- Deploying tunneling techniques to bypass firewalls
- Creative problem solving and lateral thinking skills

## Pre-requisites

- Solid understanding of TCP/IP networking
- Reasonable understanding of Linux
- Familiarity of Bash scripting with basic Python or Perl a plus

## Course Duration

40 Hours (8 hours/day)

# TOPICS

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## Essential Tool for Penetration Testing

- Wireshark to analyze the network traffic
- Tcpcat to filtering traffic
- Netcat in Enumeration
- Netcat to Transfer File
- Netcat to take a reverse shell

## Passive Information Gathering

- Netcraft for information gathering
- Recon-ng for information gathering
- Maltego for information gathering

## Active Information Gathering

- DNS lookup
- Perform zone transfer using dig
- Nmap port scanning technique
- Use tool like nslookup, snmpenum, snmpwalk

## Buffer Overflow

- Fuzzing.
- How to Control the EIP?
- Checking and removing of bad characters.
- Improve the old exploits.
- DEP and ASLR protection and how to bypass them.

## Working with Exploit

- Search for exploit according to the version info.
- Finding exploits at different sources.
- Customize the prebuild exploit.

# Advanced Penetration Testing

## Course Curriculum

### Privilege Escalation

- Abusing sudo rights based privilege escalation
- SUID bit based privilege escalation
- Kernel exploit based privilege escalation
- Path variable based privilege escalation
- Mysql based privilege escalation
- Crontab based privilege escalation
- Wildcard injection based privilege escalation
- Buffer overflow based privilege escalation

### Web application attacks

- OWASP top 10

### Port Redirection and Tunneling

- Port Forwarding/Redirection
- SSH tunneling
- HTTP tunneling Redirection and Tunneling
- Port Forwarding

### Bypass Antivirus Software

- Encoding payload with metasploit
- Custom Encoders

# ADVANCE LABS

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## Easy CTF's

### Nibbles

**Description:** Nibbles is a recently retired CTF challenge VM on Hack the Box with Easy difficulty level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.75.

It is based on Sudo privilege escalation.

### Poison

**Description:** Poison is a recently retired CTF challenge VM on Hack the Box with Easy difficulty level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.84

It is based on SSH privilege escalation.

### Sunday

**Description:** Sunday is a recently retired CTF challenge VM on Hack the Box with easy difficulty level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.76

It is based on SUID based privilege escalation.

### Jerry

**Description:** Jerry is a recently retired CTF challenge VM on Hack the Box with easy difficulty level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.95

It is based on Native vulnerability based privilege escalation.

### Blue

**Description:** Blue is a recently retired CTF challenge VM on Hack the Box with easy difficulty level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.40

# Advanced Penetration Testing

## Course Curriculum

### Medium CTF's

#### Bashed

**Description:** Bashed is a recently retired CTF challenge VM on Hack the Box with Medium difficulty level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.68

It is based on cron file privilege escalation.

#### Sense

**Description:** Sense is a recently retired CTF challenge VM on Hack the Box with Medium difficulty level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.60

#### Node

**Description:** FriendZone is a recently retired CTF VM on Hack the Box with the objective – Capture the user and root flag. Since these labs are online available, therefore, they have a static IP. The IP of FriendZone is 10.10.10.58.

It is based on user privilege escalation.

#### Valentine

**Description:** Valentine is a recently retired CTF VM on Hack the Box with the objective – Capture the user and root flag. Since these labs are online available, therefore, they have a static IP. The IP of Valentine is 10.10.10.79

It is based on suid based privilege escalation.

#### Cronos

**Description:** Cronos is a recently retired CTF VM on Hack the Box with the objective – Capture the user and root flag. Since these labs are online available, therefore, they have a static IP. The IP of Cronos is 10.10.10.13

It is misconfiguration based privilege escalation.

#### Nineveh

**Description:** Nineveh is a recently retired CTF VM on Hack the Box with the objective – Capture the user and root flag. Since these labs are online available, therefore, they have a static IP. The IP of Nineveh is 10.10.10.43

It is database based privilege escalation

# Advanced Penetration Testing

## Course Curriculum

### Solidstate

**Description:** Solidstate is a recently retired CTF VM on Hack the Box with the objective – Capture the user and root flag. Since these labs are online available, therefore, they have a static IP. The IP of Solidstate is 10.10.10.51

It is native vulnerability privilege escalation

### Optimum

**Description:** Optimum is a recently retired CTF VM on Hack the Box with the objective – Capture the user and root flag. Since these labs are online available, therefore, they have a static IP. The IP of Optimum is 10.10.10.8

It is database based privilege escalation

### Davel

**Description:** Davel is a recently retired CTF VM on Hack the Box with the objective – Capture the user and root flag. Since these labs are online available, therefore, they have a static IP. The IP of Davel is 10.10.10.5

It is native vulnerability based privilege escalation

### Bounty

**Description:** Bounty is a recently retired CTF challenge VM on Hack the Box with Intermediate level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.93

It is native vulnerability based privilege escalation

### Jeeves

**Description:** Jeeves is a recently retired CTF challenge VM on Hack the Box with Intermediate level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.63

It is misconfiguration based privilege escalation



# Advanced Penetration Testing

## Course Curriculum

### Hard CTF's

#### BrainFuck

**Description:** Brainfuck is a recently retired CTF challenge VM on Hack the Box with Intermediate level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.17

It is based on wordpress plugin issue privilege escalation.

#### Kotarak

**Description:** Vault Kotarak is a recently retired CTF challenge VM on Hack the Box with Intermediate level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.55

It is based on wget native vulnerability based privilege escalation.

#### TartarSauce

**Description:** Vault TartarSauce is a recently retired CTF challenge VM on Hack the Box with Intermediate level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.88

It is misconfigure backup file based privilege escalation.

#### Silo

**Description:** Silo is a recently retired CTF challenge VM on Hack the Box with Intermediate level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.82

It is native vulnerability based privilege escalation.

#### Bart

**Description:** Bart is a recently retired CTF challenge VM on Hack the Box with Intermediate level and the objective remains the same– Capture the root flag. Since these labs are online available, therefore, they have a static IP. The IP of Help is 10.10.10.81

It is native vulnerability based privilege escalation.